Fifteenth Annual Conference

Program

National Rural Institute On Alcohol and Drug Abuse

COSPONSORED BY:

L.E. Phillips-Libertas Treatment Center/St. Joseph's Hospital

Scaife Family Foundation

National Rural Alcohol and Drug Abuse Network, Inc. (NRADAN)

Center For Substance Abuse Treatment (CSAT)

Wisconsin Bureau of Substance Abuse Services (DHFS-BSAS)

University of Wisconsin-Stout

Wisconsin Office of Rural Health

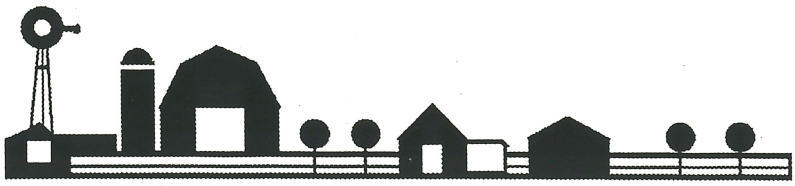
CESA 8

UW-Madison Institute on Biology

Wisconsin Department of Public Instruction

Wisconsin Alcohol, Tobacco and Other Drug Education Network (WATODEN)

Sunday, June 6th, 1999 through Thursday, June 10th, 1999 Menomonie, Wisconsin



Co-Sponsored by:

Center for Substance Abuse Prevention (CSAP)

Center For Substance Abuse Treatment (CSAT)

Cooperative Educational Service Agency #8 (CESA 8)

L.E. Phillips-Libertas Treatment Center/St. Joseph's Hospital

National Rural Alcohol and Drug Abuse Network, Inc. (NRADAN)

St. Croix Chippewa Indians of Wisconsin

Scaife Family Foundation

Wisconsin Alcohol, Tobacco and Other Drug Education Network (WATODEN))

Wisconsin Bureau of Substance Abuse Services (DHFS-BSAS)

Wisconsin Office of Rural Health Policy

Wisconsin Department of Public Instruction

United States Department of Justice-Office of Drug Court Programs

University of Wisconsin-Madison Institute on Biology

University of Wisconsin-Stout

A special thank you to sponsors of refreshments and meals:

Amethyst Counseling Services, New Brighton, Minnesota

Arbor Place, Minomonie, Wisconsin

Hazelden, Center City, Minnesota

Allina Health Services, Coon Rapids, Minnesota

Welcome

Dear Colleague:

Welcome to the Fifteenth Annual National Rural Institute on Alcohol and Drug Abuse. This year's conference is indeed a milestone for us, and we are pleased that you are joining us for this gala event.

This year's National Rural Institute on Alcohol and Drug Abuse continues to provide you with rural specific training, and an opportunity to network with rural professionals from throughout our country. You will have the opportunity to upgrade your knowledge and skills, exchange information, meet new friends, and interact with faculty and federal agency representatives. Resource information will be available on our resource display table.

Enjoy our Fifteenth Annual National Rural Institute on Alcohol and Drug Abuse, tell others about us, and plan to attend our Sixteenth Annual National Rural Institute on Alcohol and Drug Abuse on June 18-22, 2000.

A special THANK YOU to Deanna Applehans and the UW-Stout staff for hosting this Fifteenth Annual National Rural Institute on Alcohol and Drug Abuse.

Larry W. Monson, ACSW, CICSW
Coordinator, NRIADA
and Institute Staff and Faculty

Institute Committee:

Larry Monson, National Rural Alcohol and Drug Abuse Network (NRADAN)
Paul Mladnick, National Rural Alcohol and Drug Abuse Network (NRADAN)
Louise Sterlinske, National Rural Alcohol and Drug Abuse Network (NRADAN)
Deanna Applehans, University of Wisconsin-Stout

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This program is your guide to the conference. Contained within the program is virtually all of the information you will need to be an active participant. Please take time to familiarize yourself with the contents. If you have any questions, go to the Institute information desk located in the Memorial Student Center Concourse Lounge.

Conference Schedule-at-a-Glance

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
7:00 - 8:30 am		**Breakfast**	**Breakfast dialogue with federal agency representatives**	**Breakfast**	**Breakfast**
8:30 - 10:00 am		CSAT/NRIADA Awards of Excellence Hector Sanchez, CSAT Larry Monson, NRADAN **Plenary Session** *"Perspectives on Treatment Issues and Strategies for Rural America"* Panel with: James Leonard, Rokelie Lerner, & C.C. Nuckols, Interactive discussion with audience.	**Plenary Session** *"National Drug Control Policy"* Dennis Greenhouse, White House Office of National Drug Control Policy	**Plenary Session** 8:30 - 9:15 *"Thoughts on Working Together"* John Kaestner 9:15-10:00 *"Rural Drug Court Initiatives"* Marilyn Roberts	Workshop Tracks
10:00 - 10:30 am		**Break**	**Break**	**Break**	**Break**
10:30 - 12:00 Noon		**Special Topic Presentations and Mini-workshops** Participants can choose one Special Topic or Mini-workshop to attend daily. The mini-workshops are sequential.			**Plenary Session & Closing** *"Your Role in Bringing Excellence to Rural America"* Jeffrey Kushner **Closing Comments:** Larry W. Monson
12:00 - 1:30 pm		**Lunch**	**(12:00-2:00 pm) Harold E. Hughes Awards Luncheon** *"Recognizing Excellence"* Julianne Hughes *"50 Years of Excellence to the Alcohol Drug Field"* Mike Early	**Lunch**	
1:30 - 5:00 pm	Check In: Residence Hall CKTO Registration 4:00 - 7:00 pm	Workshop Tracks	**Workshop Tracks** 2:00 - 5:30 pm	Workshop Tracks	**12:00 - 2:00 Medical Student Tour:** LE Phillips-Libertas Treatment Center
5:00 - 6:00 pm	**Dinner**	**Dinner BBQ & Steak Cook Out**	**Dinner 5:30 pm**	**Dinner**	
7:00 - 9:00 pm	**Opening Session** Welcome and Institute Overview, Larry W. Monson, Coordinator, NRIADA *"Working With the Disabled in Rural America"* "Opening Mixer" Pat Wiley, Folksinger Reception following	**Community Evening Forum** *"Humor in Recovery—The Magic of Recovery"* *Israel "Izzy" DeJesus*	6:30 pm **Optional Evening** ✤ Riverside Park, campfire, marshmallow roast, and sing-a-long ✤ Talent Show	**Optional Evening** ✤ Evening on your own ✤ Self-help Groups	

Past Award Recipients

Exceptional Distinguished Recognition Award

1993 Honorable Harold E. Huges, Des Moines, Iowa

Exceptional Professional

1998 Vicki Lentz, Prevention Specialist, Green County Prevention Resource Center, Muskogee, Oklahoma
Marwood E. Wegner, M.D., Retired, St. Croix Valley Memorial Hospital, St. Croix Falls, Wisconsin and Hazelden Foundation, Center City, Minnesota
1997 Thomas J. McIntyre, Prgram Supervisor, Pincecrest, Elroy, Wisconsin
1996 Dee S. Owens, Deputy Commissioner, Oklahoma Substance Abuse Services, Oklahoma City, Oklahoma
1995 Elizabeth Breshers, Carson City, Nevada
1995 Thomas Stanitis, Columbia, Maryland
1994 Daniel J. Anderson, Ph.D., Taylors Falls, Minnesota
1993 Rebecca Davis, Austin, Texas
1993 Richard L. Lenz, St. Francis Hospital, La Crosse, Wisconsin
1992 Susan L. Becker, CSAT, Rockville, Maryland
1992 Carol N. Conner, Grainola, Oklahoma
1991 Harold Frogg, Stone Lake, Wisconsin
1991 Wanda Frogg, Stone Lake, Wisconsin

Exceptional Rural Program

1998 Preble County Recovery Center, Connie Holden, Executive Director, Eaton, Ohio
1997 Passage for Parents Program, No. Co. on A/SA, Nancy Dawson & Sally Sheilds, Elizabethtown, Essex Co., MNY
1996 Ten Sleep Schools, Steve Sohm, School Psychologist, Ten Sleep, Wyoming
1995 Project Chess, Stead, Nevada, (Irene Dixon-Darnell)
1995 Tri-County Community Mental Health Center, Newton Grove, North Carolina (Michael Baker)
1994 Jackson County Partners in Prevention of Alcohol & Drug Abuse, Tallahassee, Florida, (Mary Sutherland)
1993 Baker County Council on Alcohol & Drug Abuse, Inc., Baker County, Oregon (Bart Murray)
1992 Ashland Area Council on Alcohol & Drug Abuse, Ashland, Wisconsin (Randy Spangle)
1991 Robeson Health Care Group, Fairmont, North Carolina, (James Martin, Ann and Mike Doolen)

Exception Rural Community Award

1998 Red Lake Nation Substance Abuse Prevention/Treatment Program, Red Lake, Minnesota
1997 Parents in Rural Prevention, Seven County Services, Inc., Shelby, Kentucky (Betty Straub, et. al.)
1996 Bullhead City, Arizona, Jim Armstrong, CSAC, CAS, Administrative Director, Fountainhead Treatment Program and Counseling Center
1995 Grand Forks, North Dakota, Chris Rood, Marilyn Korbach, Deb Carlson
1994 Portsmouth, New Hampshire, Whitney Schwartz
1993 Teton County, Wyoming Curtis E. Cretal, C.S.A.II
1992 McAlester, Oklahoma Ron Ashcraft and Paul Hacker
1991 Putnam County, Indiana Darrel Thomas, President and Sandy Pruit, Secretary

Exceptional Agency Award for Responsiveness to Rural Issues and Needs

1998 Center for Substance Abuse Treatment (CSAT), Rockville, Maryland
1997 Hal C. Krause, CSAT, Rockville, Maryland
1996 Dick Florence, College of Arts & Sciences Outreach/UW-Extension and LaVone M. Sneen, Arts & Sciences Outreach, UW-Eau Claire
1995 Scaife Family Foundation, Joanne B. Beyer, VP, Pittsburgh, Pennsylvania
1994 George Kosnick, S., ONDCP, Washington, DC
1994 Debra Burgess, CSAP, Rockville, Maryland
1993 Elizabeth Steel, NIDA, Rockville, Maryland
1993 Pat Roseman, Ph.D., NIDA, Rockville, Maryland
1992 Midwest Regional Center for Drug Free Schools and Communities, Maxine Womble & Gordon Karim, Chicago, Illinois
1991 Jeffry Kushner, Oregon Office of Alcohol and Drug Abuse Programs, Salem, Oregon

GENERAL INFORMATION

Information: The information desk is open from 8:00 am - 5:00 pm each day of the Institute. It is located in the Memorial Student Center Concourse Lounge (hallway outside of the Great Hall). Please feel free to ask questions, get directions, leave messages and obtain other general assistance.

Name Badge: Admission to all presentations and other conference activities is open only to those who have registered for the Institute. Please wear your name badge at all times.

Messages: Check the message board at the information desk. Also check the message board for workshop changes, additions, or cancellations.

Smoking: Smoking is not permitted in the University buildings.

Residence Hall: Institute participants are staying on campus in HKMC (Hansen/Keith/Milnes/Chinnock) Residence Hall. It is located on the corner of 13th Avenue and 3rd Street. The residence hall is also smoke free.

Parking: Both day and overnight parking is permitted in Lots 4 and 5. These lots are located on the corner of Broadway and 13th Avenue. A parking permit is not needed in those lots during the Institute. If you park in any other lot, without a permit, you will be ticketed.

Meals: Your meal ticket is to be used in the Memorial Student Center Grandview Terrace for all meals at the Institute with the exception of the Tuesday Harold E. Hughes Awards Luncheon. The Awards Luncheon will be served in the Memorial Student Center Great Hall.

Recreation Pass: Participants have been issued a recreation pass to use in the University Fieldhouse. The pool is closed during the Institute for reconditioning. Hours for the other recreation facilities are posted on the Institute message board and at the HKMC front desk.

Lost and Found: For lost items, check at the HKMC front desk or the Memorial Student Center Service Center (2nd floor).

Accreditation: The Institute has been approved for 25 hours by the Wisconsin Certification Board, 2.5 Continuing Education Units from University of Wisconsin-Stout, and for 22 hours of Wisconsin Department of Public Instruction Equivalency Clock Hours. For the Wisconsin Certification Board, you must pick up the attendance form at the end of each session and have it signed by the instructor. **Collecting these forms for your accreditation is entirely your responsibility.**

Evaluations: We encourage you to help the planning committee continually improve the Institute by completing evaluations of the Institute sessions. Individual session evaluations are included in your notebook along with an overall Institute evaluation form. Please complete the evaluations and leave them at the registration desk.

Conference Workshop Call for Presentations: See page 16 of the program for the 2000 Institute Call for Presentations.

National Rural Institute on Alcohol and Drug Abuse

Daily Schedule

Sunday, June 6

3:00-7:00 pm	*CKTO* *(Curran-Kranzusch-Tustison-Oetting Halls)*	Residence Hall Check-in
4:00-7:00 pm	*Concourse Lounge* *Memorial Student Center*	Institute Check In
6:00-7:00 pm	*Grandview Terrace* *Memorial Student Center*	Dinner *(Meal plan ticket required)*

Be sure to collect an Education and Training Resume form and the signature of the instructor from all sessions you attend. The rosters verify clock hours for the Wisconsin Certification Board. Collecting these forms for your accreditation is entirely your responsibility.

7:00-7:15 pm	*Great Hall* *Memorial Student Center*	Opening Session: **Welcome & Institue Overview** Larry W. Monson, ACSW *Coordinator, NRIADA*
7:15-8:00 pm	*Great Hall* *Memorial Student Center*	**Working With the Disabled in Rural America** Panel Coordinator: Sandie Johnson *Project Officer for CSAP* Panel Facilitator: Mike Nelipovich, Director *Wisconsin Office of the Blind* Panel Members: El Buss, President *National Association of Alcohol, Drugs, and Disabilities* Bob Olson, Director *Wisconsin Alcohol, Drug, Disability Association* Jeanne Brand *(invited panel member)*
8:00-9:00 pm	*Great Hall* *Memorial Student Center*	Opening Mixer Pat Wiley, CADC-III *Folksinger*

Monday, June 7

7:00-8:30 am	*Grandview Terrace* *Memorial Student Center*	Breakfast *(Meal plan ticket required)*
8:00 am	*Concourse Lounge* *Memorial Student Center*	Institute Check-in

Be sure to collect an Education and Training Resume form and the signature of the instructor from all sessions you attend. The rosters verify clock hours for the Wisconsin Certification Board. Collecting these forms for your accreditation is entirely your responsibility.

8:30-10:00 pm	*Great Hall* *Memorial Student Center*	General Session CSAT/NRIADA Awards of Excellence Hector Sanchez, CSAT Larry W. Monson, NRADAN Keynote Address: Perspectives on Treatment Issues and Strategies for Rural America Panel: James Leonard, MD Rokelle Lerner C. C. Nuckols, PhD, CAC
10:00-10:30 am	*Great Hall* *Memorial Student Center*	Break/Refreshments
10:30-12:00 pm		Special Topic Presentations *(See page 10 for descriptions)*
	Oakwood *Ballrom B*	• Rural Community Organization • Implementing Several Types of Strategies in Science-based Prevention Programs
	Cedarwood *Ballroom C*	• Rural and Frontier State Issues • Folklore and Recovery
		Mini-workshops *(See page 11 for descriptions)* Participants selecting a mini-workshop should plan to attend all three sequential skill building workshops in order to acquire the essential knowledge and skills planned for these work shops.
	Ballroom A *Badger* *Maplewood* *Northwood* *Home Economics 182* *Home Economics 105*	• Federal Resource Panel • Treatment of Compulsive Gambling—Basics • Rural EAP/Occupational Health Choices • What Works!! Award Winning Rural Programs • Rural Gangs • Partners in Planning: Consumers' Role in Contracting for Public-Sector Managed Mental Health and Addiction Services
12:00-1:30 pm	*Grandview Terrace* *Memorial Student Center*	Lunch *(Meal plan ticket required)*
1:30-5:00 pm		Workshop Tracks *(See page 12-14 for descriptions)*
	Ballroom C	Track I Scaife Family Foundation Medical Scholars Track
	Maplewood	Track II Medical Track for Counselors, Nurses, and Allied Health Professionals
	Oakwood	Track III Working with Community Groups
	Cedarwood	Track IV Rural Alcohol and Drug Abuse Program Management
	White Pine	Track V AODA Issues and Rural Youth: An Educator's Track
	Badger	Track VI Drug Courts—The Most Monumental Change in Social Justice Since

		World War II
	Home Economics 182	Track VII Cults and the Occult
	Ballroom A	Track VIII Treatment of Pathological Gambling
	Home Economics 148	Track IX Dealing with Sexuality and Recovery
	Prairie	Track X Characteristics of Brief and Effective Treatment
	Home Economics 105	Track XI Action Speaks Louder: Using Creative Group Techniques with AODA and Dual Diagnosis Clients
	Pioneer	Track XII Relapse: Prevention, Intervention, and Treatment
	Ballroom B	Track XIII Healing an Angry Heart: Managing the Angry Client
	Home Economics 153	XIV Working with Rural Families
	Northwoods	XV Working with Chemically Dependent Adolescents Who Don't Want Help
3:00 pm	*Great Hall* *Memorial Student Center*	Break/Refreshments
5:00-6:00 pm	*Memorial Student Center* *South Lawn*	Picnic Dinner- Barbecue & Steak Cook Out *(Meal plan ticket required)*
7:00-8:30 pm	*Great Hall* *Memorial Student Center*	Community Evening Forum L.E. Phillips-Libertas Treatment Center/ St. Joseph's Hospital Humor in Recovery-The Magic of Recovery Isreal "Izzy" DeJesus Reception Following

Tuesday, June 8

7:00-8:30 am	*Grandview Terrace* *Memorial Student Center*	Breakfast *(Meal plan ticket required)* Dialogue with federal agency representatives
8:30-10:00 am	*Great Hall* *Memorial Student Center*	Plenary Session National Drug Control Policy Dennis Greenhouse *White House Office of National Drug Control Policy*
10:00-10:30 am	*Great Hall* *Memorial Student Center*	Break/Refreshments

Be sure to collect an Education and Training Resume form and the signature of the instructor from all sessions you attend. The rosters verify clock hours for the Wisconsin Certification Board. Collecting these forms for your accreditation is entirely your responsibility.

10:30 am-12:00 pm		Special Topic Presentations *(See page 10 for descriptions)*
	Cedarwood *Ballroom C* *Home Economics 148*	• Shame and Addiction • Adolescent Treatment • Thought Field Therapy: Clinical Application for Addicts/Alcoholics
	Ballroom B	• How Our Beliefs and Thoughts Sabotage Our Lives
		Mini-workshops *(Workshops continued from Monday, see page 11 for descriptions)*
12:00-2:00 pm	*Great Hall* *Memorial Student Center*	**Harold E. Hughes Awards Luncheon** **Introduction** Larry W. Monson, **50 Years of Excellence to the Alcohol/Drug Field** Mike Early, Hazelden **Recognizing Excellence** Julianne Hughes
2:00-5:30 pm		**Workshop Tracks** continued *(See page 12-14 for descriptions)*
3:00 pm	*Great Hall* *Memorial Student Center*	**Break/Refreshments**
5:30-6:30 pm	*Grandview Terrace* *Memorial Student Center*	**Dinner** *(Meal plan ticket required)*
6:30-8:00 pm	*Riverside Park* *(Walking distance from campus approximately 1/2 mile)*	**Campfire and Marshmallows**
8:00- 10:00 pm	*Ballroom C* *Memorial Student Center*	**Talent Night/Sing-a-long**

Wednesday, June 9

7:00-8:30 am	*Grandview Terrace* *Memorial Student Center*	**Breakfast** *(Meal plan ticket required)*
8:30-10:00 am	*Great Hall* *Memorial Student Center*	**Plenary** **Thoughts on Working Together** John Kaestner **Rural Drug Court Initiative** Marilyn Roberts

10:00-10:30 am	*Great Hall*	Break/Refreshments

Be sure to collect an Education and Training Resume form and the signature of the instructor from all sessions you attend. The rosters verify clock hours for the Wisconsin Certification Board. Collecting these forms for your accreditation is entirely your responsibility.

	Memorial Student Center	
10:30 am-12:00 pm		Special Topic Presentations *(See page 10 for descriptons)*
	Ballroom C	• Wrap-around Services
	Ballroom B	• Methamphetamine Intervention/Treatment
	Home Economics 148	• Rural Self-Help Groups
	Cedarwood	• Managed Care in Rural America
		Mini-workshops *(Continued from Tuesday, see page 11 for descriptions)*
12:00-1:30 pm	*Grandview Terrace* *Memorial Student Center*	Lunch *(Meal plan ticket required)*
1:30-5:00 pm		Workshop Tracks continued *(See page 12-14 for descriptions)*
5:00-6:00 pm	*Grandview Terrace* *Memorial Student Center*	Dinner *(Meal plan ticket required)*
7:00 pm		Evening on your own or Self-help Groups

Thursday, June 10

7:00-8:30 am	*Grandview Terrace* *Memorial Student Center*	Breakfast *(Meal plan ticket required)*
8:30 - 10:00 am		Workshop Tracks continued *(See page 12-14 for descriptions)*
10:00-10:30 am	*Great Hall* *Memorial Student Center*	Break/Refreshments
10:30 am - 12:00 pm		Closing Session Your Role In Bringing Excellence to Rural America Jeffrey Kushner Closing Comments Larry W. Monson, NRIADA
12:00-12:30 pm	*Institute Information Desk* *Concourse Lounge* *Memorial Student Center*	Certificates of Attendance will be available for pick-up.
12:00- pm	*(Van will load at the North entrance to the Memorial Student Center)*	Medical Student Tour of LE Phillips-Libertas Treatment Center

Special Topic Presentations

Monday, June 7, 1999 **10:30 - Noon**

Sessions are 1.5 hours in length.

1. Rural and Frontier State Issues
   Larry W. Monson, ACSW, CICSW, will discuss the unique differences between frontier and rural states/counties and issues facing frontier areas. Some innovative alcohol and dual diagnosis programs and services will be discussed and resources identified.

2. Folklore and Recovery
   Pat Wiley, CADC, will encourage and show participants how to incorporate storytelling as a non-threatening, experiential way to gain personal insight into self-image. It will also help to identify ways that they already explore traditions through storytelling to assist the client's well-being.

3. Implementing Several Types of Strategies in Science-based Prevention Programs
   Sandie Johnson, CSAP, will cover factors that appear to cause substance abuse problems or enhance resiliency. Participants will gain understanding and knowledge and will be able to define "evidence of effectiveness" of the hierachy of evidence for research-based prevention.

4. Rural Community Organization
   Steve Ojibway, CEAP, and Jeff Bentz, CADCIII, will address the rural stereotype. A brief historical overview of community organization will be included. *A Rural Blueprint for the Millennium* and beyond will conclude this session.

Special Topic Presentations

Tuesday, June 8, 1999 **10:30 - Noon**

Sessions are 1.5 hours in length.

1. Shame and Addiction
   Ronald T. Potter-Efron will enable participants to link shame and addiction. They will also learn at least two specific therapeutic tools they can use to assess shame. There will be discussion on intervention tools as well.

2. Adolescents in Denial
   Joan Hartman will discuss how working with adolescents who think they don't need help takes real strategy. It becomes even tricker when parents are "riding the fence." This workshop will also provide techniques for working with both adolescents and families in early recovery.

3. How Our Beliefs and Thoughts Sabotage Our Lives
   Rhonda Hemenway will offer a discussion time and question time. The session will cover using cognitive therapy to identify thought patterns. It covers a history of working within the community and using community resources. It concludes with measuring success along with outcome surveys.

4. Thought Field Therapy: Clinical Application for Addicts/Alcoholics
   Rokelle Lerner In this session the participant will understand the theoretical framework behind Thought Field Therapy and basic steps how to implement this tool. An overall understanding of the clinical TFT for addicts and alcoholics will be discussed.

Special Topic Presentations

Wednesday, June 9, 1999 **10:30 - Noon**

Sessions are 1.5 hours in length.

1. Wrap Around Services
   Larry W. Monson, This special topic session will discuss the utilization of wrap-around-services to reduce alcohol and drug abuse recidivism and relapse. Results from a three-year CSAT funded wrap-around services project will be shared and replication considerations will be reviewed.

2. Metamphetamine: Intervention/Treatment
   C. C. Nuckols, In this session participants will become familiar with the special issue detoxification of metamphetamines users. Exploring the impact of drug of choice and learning specific treatment approaches will also be discussed. Strategies to prevent relapse will conclude this session.

3. Rural Self-Help Groups
   Paul Mladnick, The session will cover the strengths and weaknesses of self-help meetings. Distinctions that may be unique to self help meetings will also be discussed in a rural focus.

4. Managed Care in Rural America
   Jeffrey Kushner, This special topic will describe effective strategies for networking with managed care organizations in rural communities. Advantages and disadvantages for rural providers who become rural managed care networks along with helpful communication guidelines for rural programs/professionals will also be discussed.

Mini-Workshop Presentations

Monday, June 7, 1999 **10:30 - Noon**

Participants selecting one of the following skill-building mini-workshops should plant to attend all three days in order to acquire the essential knowledge and skills planned. The information is built on a continuum over the three days.

1. Federal Resource Panel
   You Heard It Here First: Securing Funding Resources for your Rural AODA Program
   Hector Sanchez, MSW, will cover the resources available from CSAT(Center for Substance Abuse Treatment) and the programs that work. He plans to cover various funding resources and the establishing of a funding base for rural AODA programs.

2. Rural EAP/Occupational Health Choices
   Vince J. Ritacca will provide participants with information to increase their knowledge and understanding of prevention in the rural workplace. Also included are successful workplace initiatives like, what workplace changes are needed, Employee Assistance Programs, Drug Free Workplace initiatives, Safety and Violence Prevention in the workplace, and a family-focus of workplace issues facing the rural worker.

3. What Works!! Award Winning Rural Programs
   James Martin, PhD will facilitate this workship. Each of the three award winning programs from the Center for Substance Abuse Treatment/National Rural Institute on Alcohol and Drug Abuse award process will present their programs.
   Monday - Will be the First Place Winner
   Tuesday - Will be the Second Place Winner
   Wednesday - Will be the Third Place Winner

4. Rural Gangs
   Michael Kleppin will build each day on the following topics: Definitions of Gangs, Development of Gangs in a Rural Setting, Motivation of Joining a Gang, Gang Structure, Identification and Behavioral Indicators, Prevention Tactics, Treatment Issues and Tactics, and Sociological Comparisons.

5). Treatment of Compulsive Gambling—Basics
   Carole Teske, NCGC, Participants will be able to identify types of gamblers, stages of the disorder, and learn common characteristics of compulsive gamblers. Identification of cross-addiction and co-existing disorders along with assessment will also be covered in these three days.

6. Partners in Planning: Consumers' Role in Contracting for Public-Sector Managed Mental Health Addiction Services
   Thomas Stanitis, Participants will learn to identify and advocate for the best possible managed care practices. How to get involved in the contracting, and examples of good practices for current public managed care contracting will also be included.

Mini-Workshop Presentations

Tuesday, June 8, 1999 **10:30 - Noon**

Participants selecting one of the following skill-building mini-workshops should plan to attend all three days in order to acquire the essential knowledge and skills planned. The information is built on a continuum over the three days.

1. Sandie Johnson, from CSAP (Center for Substance Abuse Prevention) will facilitate with guest Dennis Greenhouse, from ONDCP (Office of National Drug Control Policy.) Dennis will cover the projects ONDCP is invloved in.

2. Continuation of previous day's discussion
3. Continuation of previous day's discussion
4. Continuation of previous day's discussion
5. Continuation of previous day's discussion
6. Continuation of previous day's discussion

Mini-Workshop Presentations

Wednesday, June 9, 1999 **10:30 - Noon**

Participants selecting one of the following skill-building mini-workshops should plant to attend all three days in order to acquire the essential knowledge and skills planned. The information is built on a continuum over the three days.

1. Sandie Johnson, from CSAP (Center for Substance Abuse Prevention) will facilitate with guest Marilyn Roberts, from the Department of Justice, Office of Drug Courts Program. Marilyn will cover the projects the Department of Justice is involved in.

2. Continuation of previous day's discussion
3. Continuation of previous day's discussion
4. Continuation of previous day's discussion
5. Continuation of previous day's discussion
6. Continuation of previous day's discussion

Workshop Tracks

Monday, June 7, 1999	**1:30 - 5:00 pm**
Tuesday, June 8, 1999	**2:00 - 5:30 pm**
Wednesday, June 9, 1999	**1:30 - 5:00 pm**
Thursday, June 10, 1999	**8:30 - 10:00 am**

TRACK I:

Scaife Family Foundation Medical Scholars Track

Faculty: Larry W. Monson, ACSW;
James Leonard, MD

Open to first or second year medical students, interns, and residents only.

- epidemiology and genetics
- pharmacology
- psychological aspects
- practice in rural settings
- detox and intake
- diagnosis and treatment
- impaired physician program

TRACK II:

Medical Track for Counselors, Nurses, and Allied Health Professionals

Faculty: Deborah Gilbertson, RN;
Jan Hulbert, RN

For those interested in upgrading their knowledge about the medical aspects of AODA.

- detoxification
- tranquilizer dependency
- anxiety/depressive disorders
- medical complications related to AODA
- understanding medication: over the counter and prescription drugs
- nutrition
- HIV/AIDS

TRACK III:

Working with Community Groups

Faculty: Steve Ojibway and Resource Staff

This track is for community members made up of educators, counselors, clergy, law enforcement, and others interested in developing and strengthening local community initiatives. This will be an interactive and process-building workshop.

- rural partnerships and coalition building
- facilitating of multidisciplinary task forces and groups
- keeping rural groups active and involved
- impacting policy decisions in rural America

TRACK IV:

Rural Alcohol and Drug Abuse Program Management

Faculty: Jeffrey N. Kushner, MHRA;
Dick Kessler, ARC

This track will enable participants to increase their working knowledge about managed care and other program management issues.

- managed care--issues and readiness
- rural program funding--federal/ state/local
- rural program evaluation--performance indicator data/taxpayer savings
- rural program survival--marketing your program
- rural innovative programming

TRACK V:

AODA Issues and Rural Youth: An Educator's Track

Faculty: Cathy Lins, MS, UW-Madison;
Jeff Bentz, CADC III

This track is offered as an introductory training opportunity for educators interested in current information, curriculum links, and practical skills for the classroom. We will address alcohol, tobacco, and other drug issues as they impact rural youth and communities. We will review current research, discuss prevention theory and strategies, and explore public policy.

- rural vs urban
- inquiry based model
- history of prevention
- resiliency
- comprehensive school model
- risk reduction

1 Credit available from UW-Madison, (Optional 2nd credit for Curriculum Development, June 14-18)

TRACK VI:

Drug Courts—The Most Monumental Change in Social Justice since World War II

Faculty: Marilyn Roberts and Resource Staff

This track is targeted for Judges, Prosecutors, Public Defenders, Probation Officers, and Treatment Personnel who want to learn about an innovative judicial procedure called Drug Court. Learn how to enhance the effectiveness of both the criminal justice and the treatment systems that result in vastly improved treatment outcomes for the drug offending population.

- integrating alcohol and drug treatment and the criminal justice system
- key components of a drug court
- the team approach in a rural drug court
- monitoring and evaluating of rural drug courts
- funding for rural drug courts

TRACK VII:
Cults and the Occult
Faculty: Michael Kleppin, MS
This track will address the topics of rural gangs and cults, identifying strategies for treatment options. This workshop includes handouts and reading materials.

- perspectives on the occult
- types of practitioners
- survivors in treatment
- coercive persuasion
- levels of ritual participation and abuse
- therapy interventions and treatment

TRACK VIII:
Treatment of Pathological Gambling
Faculty: Joanna Franklin, MA;
Chris Anderson, MSW, LMFT
This workshop track will enable participants to obtain advanced knowledge and insights into how to effectively treat pathological gamblers.

- biogenetics, neurochemistry and compulsive gambling
- treatment issues and strategies
- relapse prevention planning
- motivational interviewing, managed care and access to treatment
- outcome studies

TRACK IX:
Dealing with Sexuality and Recovery
Faculty: Rokelle Lerner
This workshop will enable participants to look at self and the importance of dealing with sexuality in recovery. Key areas to be covered are:

- contentment vs confusion
- rediscovering self
- establishing a positive self-attitude
- forming meaningful interpersonal relationships
- realizing fullness in being
- setting realistic goals
- achieving personal freedom

TRACK X:
Characteristics of Brief and Effective Treatment
Faculty: Bruce Kuehl, PhD
This workshop track is designed to increase participants awareness of the general factors that affect treatment length and effectiveness.

- learn from therapy process research how counselors contribute to treatment effectiveness and length
- critically evaluate the current status of these factors in your work
- explore ways of expanding the influences of these factors in your work
- examine specific techniques that help the treatment process go forward

TRACK XI: Action Speaks Louder:
Using Creative Group Techniques with AODA and Dual Diagnosis Clients
Faculty: Barbara Eisenstadt, EdD
This interactive workshop will demonstrate a series of culturally sensitive, progressive, skill building, experiential group activities which can be utilized in a wide variety of treatment and prevention settings. Learn the use of hands-on techniques that are highly effective in maximizing interactions with angry, shy, embarrassed, fearful or resistant clients and techniques in helping group members to confront difficult issues.

- creative group therapy technique
- theories and activities from: art therapy, cognitive therapy, gestalt therapy, grief therapy, family therapy, guided therapy, psychodrama, sociodrama, sociometry, and value clarification
- use a sense of spontaneity, energy, and spirituality

TRACK XII:
Relapse: Prevention, Intervention, and Treatment
Faculty: D.J. Langenfeld, CADCIII, CCSII, Certified Relapse Prevention Specialist
This workshop track will increase awareness relative to relapse as a process and how to intervene. This information will assist the participant in helping relapse prone clients to identify their personal triggers/ warning signs. For those in recovery from substance abuse, it will assist in gaining insight into relapse potential.

- relapse as a process
- identification of personal triggers
- exploration of personal mandates
- thoughts, feelings, actions relative to relapse
- explore/identify unhealthy ways of dealing with relapse
- address denial as it pertains to the relapse process

TRACK XIII: **Healing an Angry Heart: Managing the Angry Client**
Faculty: Cardwell C. Nuckols, PhD
This track will provide the participant with knowledge to further help their work with clients. Emphasis will be placed on working with, and understanding, the angry client.

- assessment of the angry client
- insight oriented approaches
- cognitive-behavior treatment of the angry client
- establishing rapport and setting limits

TRACK XIV:
Working with Rural Families

Faculty: Charles Barnard, EdD

This workshop track is designed for professionals to expand their skills working with rural families.

- family-based systems
- innovative family treatment approaches in rural settings.
- rural families: intervention strategies

TRACK XV
Working with Chemically Dependent Adolescents Who Don't Want Help

Faculty: Joan Hartman, MEd, CADC

This workshop will help counselors examine their roles in working with adolescent denial, find ways to help teens understand their disease, formulating a plan for recovery, and help adolescents in recovery.

- effects of teen drug use
- early recovery tasks
- creating a "Recovery Gang"
- user friendly AA program for teens
- phases of adolescent recovery
- role of the counselor
- getting kids hooked on group
- spirituality and adolescents

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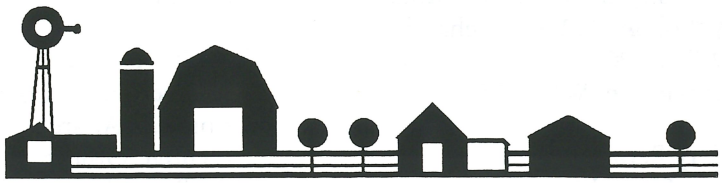
16th Annual

Call for Presentations

2000 National Rural Institute on Alcohol and Drug Abuse

June 18-22, 2000
University of Wisconsin-Stout



The Institute is unique. It focuses on training and educating rural professionals with cutting edge knowledge. There are workshop tracks for rural professionals, as well as several mini-workshops and special topic presentations. Suggested topic areas include, but are not limited to:

Boundary Issues	Elderly	Women's Issues	Nursing Issues
Inhalants	Relapse	Multi-cultural Issues	Treatment Issues
Rural Prevention	Gambling	Sexual Trauma	Intervention
Adolescent A/DA Issues			

There are three categories of presentations:

1. Special Topic - One-and-one-half hour presentation taught on one day
2. Mini-Workshop - Four-and-one-half hour presentation taught over three days
3. Workshop Track - Twelve-and-one-half hour presentation taught over the four conference weekdays

Abstracts must contain learning goals and objectives that are to be achieved as well as an indication of whether it is a special topic, mini-workshop, or a conference track presentation. The abstract should be no longer than one page per presentation (Special Topic--50-100 Words) (Mini-Workshop--100-200 Words) (Conference Track--300-500 Words). A one page VITA or brief resume must accompany the abstract(s).

Name_____

Address _____

_____

_____

Phone Number _____ Fax _____ E-Mail _____

Type of presentation:

❑ SPECIAL TOPIC PRESENTATION
(1 1/2 hour presentation taught on one day)

❑ MINI-WORKSHOP
(4 1/2 hour presentation taught over three days)

❑ WORKSHOP TRACK
(12 1/2 hour presentation taught over four days)

Presenters will attend at a reduced conference rate.

Submit your abstract and VITA by November 1, 1999, to Louise Sterlinske.

For information regarding presentation content contact:
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2000

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